

# Self-assessment grid

## A1

## A2

## B1

## B2

## C1

## C2

	A1	A2	B1	B2	C1	C2
<b>Understanding</b>  → Listening	I can understand familiar words and very basic phrases concerning myself, my family and immediate concrete surroundings when people speak slowly and clearly.	I can understand phrases and the highest frequency vocabulary related to areas of most immediate personal relevance (e.g. very basic personal and family information, shopping, local area, employment). I can catch the main point in short, clear, simple messages and announcements.	I can understand the main points of clear standard speech on familiar matters regularly encountered in work, school, leisure, etc. I can understand the main point of many radio or TV programmes on current affairs or topics of personal or professional interest when the delivery is relatively slow and clear.	I can understand extended speech and lectures and follow even complex lines of argument provided the topic is reasonably familiar. I can understand most TV news and current affairs programmes. I can understand the majority of films in standard dialect.	I can understand extended speech even when it is not clearly structured and when relationships are only implied and not signalled explicitly. I can understand television programmes and films without too much effort.	I have no difficulty in understanding any kind of spoken language, whether live or broadcast, even when delivered at fast native speed, provided I have some time to get familiar with the accent.
<b>Reading</b>  ←	I can understand familiar names, words and very simple sentences, for example on notices and posters or in catalogues.	I can read very short, simple texts. I can find specific, predictable information in simple everyday material such as advertisements, prospectuses, menus and timetables and I can understand short simple personal letters.	I can understand texts that consist mainly of high frequency everyday or job-related language. I can understand the description of events, feelings and wishes in personal letters.	I can read articles and reports concerned with contemporary problems in which the writers adopt particular attitudes or viewpoints. I can understand contemporary literary prose.	I can understand long and complex factual and literary texts, appreciating distinctions of style. I can understand specialised articles and longer technical instructions, even when they do not relate to my field.	I can read with ease virtually all forms of the written language, including abstract, structurally or linguistically complex texts such as manuals, specialised articles and literary works.
<b>Speaking</b>  ↔ Spoken interaction	I can interact in a simple way provided the other person is prepared to repeat or rephrase things at a slower rate of speech and help me formulate what I'm trying to say. I can ask and answer simple questions in areas of immediate need or on very familiar topics.	I can communicate in simple and routine tasks requiring a simple and direct exchange of information on familiar topics and activities. I can handle very short social exchanges, even though I can't usually understand enough to keep the conversation going myself.	I can deal with most situations likely to arise whilst travelling in an area where the language is spoken. I can enter unprepared into conversation on topics that are familiar, of personal interest or pertinent to everyday life (e.g. family, hobbies, work, travel and current events).	I can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible. I can take an active part in discussion in familiar contexts, accounting for and sustaining my views.	I can express myself fluently and spontaneously without much obvious searching for expressions. I can use language flexibly and effectively for social and professional purposes. I can formulate ideas and opinions with precision and relate my contribution skilfully to those of other speakers.	I can take part effortlessly in any conversation or discussion and have a good familiarity with idiomatic expressions and colloquialisms. I can express myself fluently and convey finer shades of meaning precisely. If I do have a problem I can backtrack and restructure around the difficulty so smoothly that other people are hardly aware of it.
<b>Spoken production</b>  →	I can use simple phrases and sentences to describe where I live and people I know.	I can use a series of phrases and sentences to describe in simple terms my family and other people, living conditions, my educational background and my present or most recent job.	I can connect phrases in a simple way in order to describe experiences and events, my dreams, hopes and ambitions. I can briefly give reasons and explanations for opinions and plans. I can narrate a story or relate the plot of a book or film and describe my reactions.	I can present clear, detailed descriptions on a wide range of subjects related to my field of interest. I can explain a viewpoint on a topical issue giving the advantages and disadvantages of various options.	I can present clear, detailed descriptions of complex subjects integrating sub-themes, developing particular points and rounding off with an appropriate conclusion.	I can present a clear, smoothly-flowing description or argument in a style appropriate to the context and with an effective logical structure which helps the recipient to notice and remember significant points.
<b>Writing</b> 	I can write a short, simple postcard, for example sending holiday greetings. I can fill in forms with personal details, for example entering my name, nationality and address on a hotel registration form.	I can write short, simple notes and messages. I can write a very simple personal letter, for example thanking someone for something.	I can write simple connected text on topics which are familiar or of personal interest. I can write personal letters describing experiences and impressions.	I can write clear, detailed text on a wide range of subjects related to my interests. I can write an essay or report, passing on information or giving reasons in support of or against a particular point of view. I can write letters highlighting the personal significance of events and experiences.	I can express myself in clear, well-structured text, expressing points of view at some length. I can write about complex subjects in a letter, an essay or a report, underlining what I consider to be the salient issues. I can select a style appropriate to the reader in mind.	I can write clear, smoothly-flowing text in an appropriate style. I can write complex letters, reports or articles which present a case with an effective logical structure which helps the recipient to notice and remember significant points. I can write summaries and reviews of professional or literary works.



**Summary of language learning and intercultural experiences**  
**Résumé des expériences linguistiques et interculturelles**  
**Überblick über sprachliche und interkulturelle Erfahrungen**  
**Riassunto delle esperienze linguistiche e interculturali**

Name  
Nom  
Name  
Nome

→1 Up to 1 month  
Jusqu'à 1 mois  
Bis zu 1 Monat  
Fino a 1 mese

→3 Up to 3 months  
Jusqu'à 3 mois  
Bis zu 3 Monaten  
Fino a 3 mesi

→5 Up to 5 months  
Jusqu'à 5 mois  
Bis zu 5 Monaten  
Fino a 5 mesi

5→ Over 5 months  
Plus de 5 mois  
Mehr als 5 Monate  
Oltre 5 mesi



Language: Langue: Sprache: Lingua:	→1					→3					→5					5→				
	→1	→3	→5	5→	5→	→1	→3	→5	5→	5→	→1	→3	→5	5→	5→	→1	→3	→5	5→	5→
Stays in a region where the language is spoken: <i>Séjours dans une région où la langue est utilisée:</i> Aenthalt im Gebiet, in dem die Sprache gesprochen wird: <i>Soggiorno nell'area in cui la lingua è parlata:</i>																				
Attending a language course <i>Participation à un stage de langue</i> Besuch eines Sprachkurses <i>Frequenza di un corso di lingua</i>																				
Using the language for study or training <i>Etudes, formation dans la langue</i> Studium und Ausbildung in der Sprache <i>Uso della lingua durante gli studi o la formazione</i>																				
Using the language at work <i>Utilisation professionnelle de la langue</i> Gebrauch der Sprache im Beruf <i>Uso della lingua sul lavoro</i>																				
Other <i>Autre</i> Anderes <i>Altro</i>																				
Further information on language and intercultural experiences <i>Informations complémentaires concernant des expériences linguistiques et interculturelles</i> Weitere Informationen über sprachliche und interkulturelle Erfahrungen <i>Informazioni supplementari sulle esperienze linguistiche e interculturali</i>																				

