

## **FEELING ILL**

### **Basic Vocabulary:**

I've got a cold/ a cough/ a sore throat/ a temperature/ a stomach ache/ chest pains/  
earache/ a pain in my side/ a rash on my chest/ spots/ a bruise on my leg/ a black eye/ a  
lump on my arm/ indigestion/ diarrhoea/ painful joints/ blisters/ sunburn.  
I feel sick/ dizzy/ breathless/ shivery/ faint/ particularly bad at night  
I am depressed/ constipated/ tired all the time.  
I've lost my appetite/ voice; I can't sleep, my nose itches and my leg hurts.

My neck aches  
I think I've flu  
My arm hurts

### **What doctors do?**

The take your temperature, listen to your chest, look in your ears, examine you, take  
your blood pressure, ask you some questions and weigh and measure you before  
sending you to hospital for further tests. They can also prescribe medicines:

- What are the symptoms?
- Take one three times a day after meals
- Take a teaspoonful last thing at night
- Rub a little on before going to bed each night
- We'll get the nurse to put a bandage on
- You'll need to have some injections before you go
- I'll ask the surgeon when he can fit you in for an operation
- You'll have to have your leg put in plaster
- I think you should have total bed rest for a week.